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### EVENING

Your skin regenerates at night, the most important time to use nutrient-rich products.

**1** First remove all of your makeup. If you suffer from breakouts, try the Clarisonic Acne Clarifying Collection \$169 (5), which comes with a zit-zapping brush and cleanser. We also like Neutrogena's Deep Clean Long-Last Shine Control Cleanser/Mask, \$ (1), which contains a purifying rice protein.

**2** At night it's important to use a serum. If you suffer from *manchas* or deep wrinkles, use one with vitamin C. Our pick: Obagi 15% Vitamin C Serum, \$83, (2). If you're new to vitamin C, start with a 10% dose.

